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**ABSTRACT**

The present invention describes a method for eliminating trash comprising the steps of: transporting trash over a transporting device; selecting recyclable trash and rigid metals  
10 from non-recyclable trash, removing recyclable trash and rigid metals; feeding non-recyclable trash in a grinding device; grinding non-recyclable trash; mixing ground trash with other compounds; and forming a construction element. Furthermore, the present invention describes an ecological mixture for construction  
15 comprising: from about 5% to about 50% of cement; from 0% to about 40% of sand; from 0% to about 40% of gravel; from about 30% to about 95% of ground trash; and water as needed to make the ecological mixture for construction.